

Babies are dying in the Black Community



Did you know?

Separate and Not Equal





But Why?

- ∞ The top factors that contribute to babies dying before their first birthday:
 - **The baby is born before 37 weeks into the pregnancy-
Premature Births**
 - A baby is born with a birth defect
 - **Sudden Unexplained Infant Death/Sudden infant Death
(babies that die while sleeping)**

What do we know?

We know:

- ☞ Prenatal Care is important
- ☞ Eating fruits and vegetables is important
- ☞ You should not smoke tobacco products or drink alcohol
- ☞ You should not take un-prescribed medication
- ☞ You should not use illegal drugs

What are we doing about it?

Neighborhood clinics

Home Visiting

WIC

Case Management

Housing

Financial Assistance Programs

What we need to do about it

- Increase awareness in our community
- Talk to our friends, family, coworkers about what is going on in our community
- Talk to our councilmen about what is going on in our community

Get to the Root Cause of why our babies are dying

Root Causes

Social Determinants of Health:

The conditions that we live in, grow up in, work in, learn in, and play in.

- ∞ Neighborhood Conditions
- ∞ Access to social and economic support
- ∞ Income
- ∞ Race
- ∞ Education

Place Matters

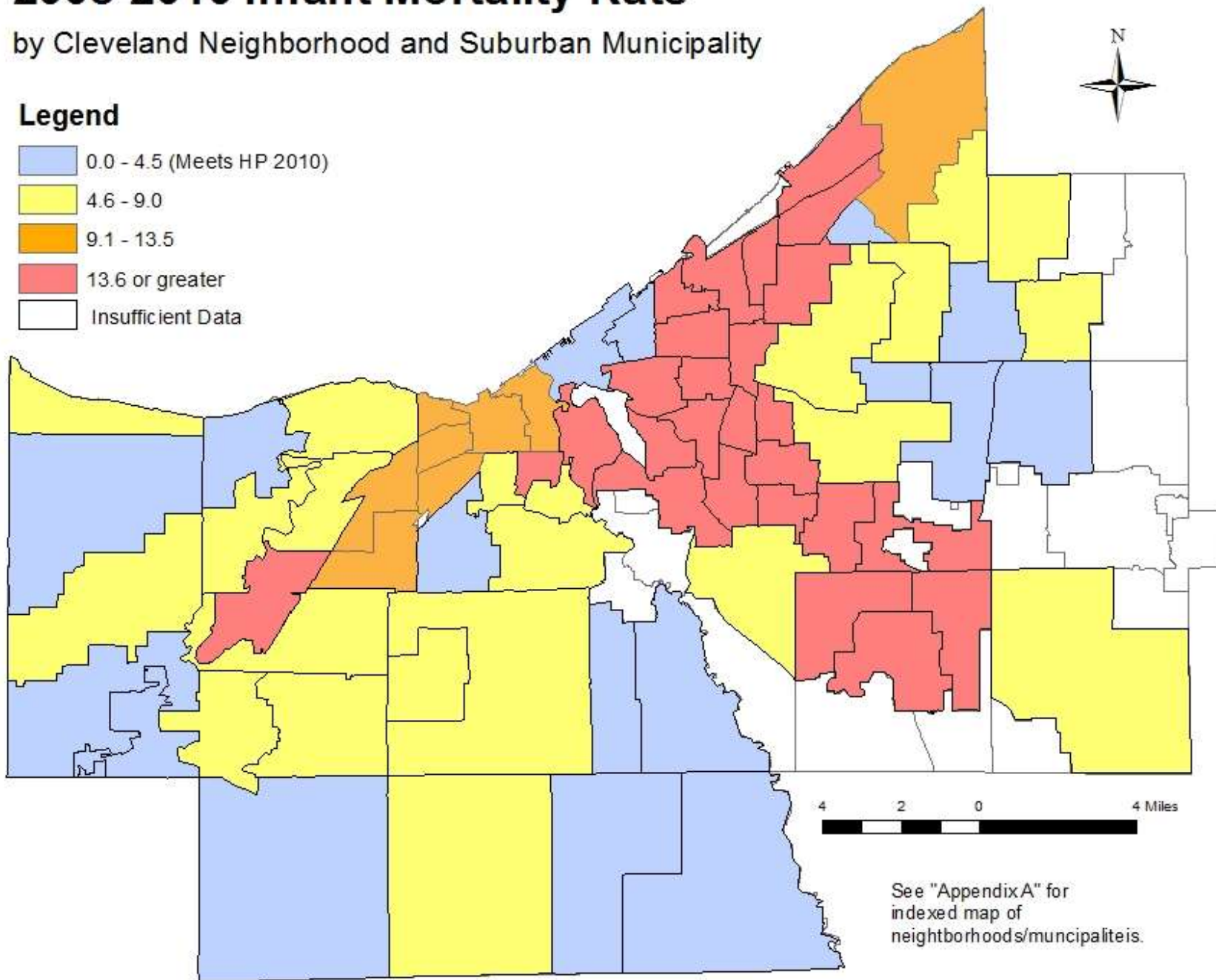
- ☞ Where you live impacts your health and can impact your pregnancy
 - Housing conditions
 - Food access
 - Schools
 - Pollution
 - Safety

2008-2010 Infant Mortality Rate

by Cleveland Neighborhood and Suburban Municipality

Legend

- 0.0 - 4.5 (Meets HP 2010)
- 4.6 - 9.0
- 9.1 - 13.5
- 13.6 or greater
- Insufficient Data



What's in your control?

∞ Individual Choices (examples)

- Going to the doctor
- Planning your Pregnancy
- Being active
- Talk about infant mortality with your friends, family, coworkers, and neighbors

What is going on in your community

- ☞ Cleveland Cuyahoga Partnership to Improve Birth Outcomes
 - A group of people from different agencies that want to save our babies
 - A group of people who acknowledge that things need to change in our community if we want to save our babies
 - A group of people that want to YOU to become involved in saving our babies

Partnership To Improve Birth

Outcomes

- ☞ We have selected 2 ways to help save our babies:
 - Prenatal Care- CenteringPregnancy
 - Family Planning

Prenatal Care with friends

☞ CenteringPregnancy

- A different way to get prenatal care
- Group setting
- Education
- Support



Planning your pregnancy

Unplanned pregnancies are more likely to result in a premature delivery.

What is your plan?

Establishing you/your family mission

What are your goals for the next 3-5 years?

How will a pregnancy or baby impact those goals?



Cleveland Cuyahoga Partnership to Improve Birth Outcomes



For more information:

Cleveland Cuyahoga Partnership to Improve Birth
Outcomes

3rd Thursday of the Month (10/16, 11/20)

2:00-4:00pm

Friendly Inn Settlement House
2386 Unwin Rd Cleveland Ohio

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